# LESSON 10: IT'S SHARP AND POWERFUL

COUNTDOWN VIDEO (DVD)

WELCOME AND PRAYER

OPENING VIDEO TRANSMISSION (DVD)

MEMORY VERSE

GAME TIME: POWER HITTER

SUPPLEMENTARY 1: ACADEMY LAB: IS IT SHARP ENOUGH?

OFFERING: THE GREAT DEFENDER

PRAISE AND WORSHIP (DVD)

LESSON VIDEO TRANSMISSION (DVD: LENGTH—3:06)

WORD TIME: IT'S SHARP AND POWERFUL

SUPPLEMENTARY 2: OBJECT LESSON: THE RIGHT POWER

CLOSING VIDEO TRANSMISSION (DVD)

PRAYER, ANNOUNCEMENTS, HANDOUTS, DINNERTIME DEVOTIONAL HANDOUT (CD-ROM)

GAME REPRISE (IF TIME ALLOWS)

**Memory Verse:** For the Word of God is alive and powerful. It is sharper than the sharpest two-edged sword, cutting between soul and spirit, between joint and marrow. It exposes our innermost thoughts and desires.

Hebrews 4:12

# GAME TIME

## POWER HITTER

**Suggested Time:** 5-10 minutes

**Memory Verse:** For the Word of God is alive and powerful. It is sharper than the sharpest two-edged sword, cutting between soul and spirit, between joint and marrow. It exposes our innermost thoughts and desires.
Hebrews 4:12

**Teacher Tip:** For safety, remind batters to not contact any other person with the bat.

**Supplies:** ☐ 2 Large, plastic, kid-sized bats, ☐ 2 Inflatable beach balls or large Nerf balls, ☐ Masking tape

## Prior to Game:

- Apply masking tape to floor, creating 2 parallel lines, approximately 8-10 feet apart.
- Batters will stand on one line and the pitchers on the other line, facing each other.

## Game Instructions:

- Take a moment and share the Memory Verse with the cadets. *(Allow the Superkids to repeat the verse.)*
- Choose 4 players for the activity *(2 batters and 2 pitchers).*
- Place batters and pitchers across from each other on the designated tape lines.
- Pitchers will toss the ball to the batters while saying, "The Word of God is alive!"
- Batters will swing at the ball and shout, "and powerful!"
- The team to hit the ball the farthest, wins!
- If time permits, allow all kids to participate and rotate positions.

## Game Goal:

- This game demonstrates the "power" in God's Word and the importance of teamwork. This activity will help kids find power in speaking God's Word.

## Final Word:

- Learning to recognize the power in God's Word can help us change from the inside out. God cares about our hearts and the challenges we face every day. He also loves to celebrate all our fun experiences. Seeking God, asking Him for help, and trusting in His goodness and love, helps us live in freedom.
- With God all things are possible in our lives. God has good plans prepared for us! God's Word really is alive and powerful, inside every boy and girl who knows Jesus!

# ACADEMY LAB

## IS IT SHARP ENOUGH?

**Suggested Time:** 10 minutes

**Memory Verse:** For the Word of God is alive and powerful. It is sharper than the sharpest two-edged sword, cutting between soul and spirit, between joint and marrow. It exposes our innermost thoughts and desires.
Hebrews 4:12

**Teacher Tip:** For safety, it's important to keep any potentially dangerous supplies away from kids, allowing only adult volunteers to assist with cutting supplies. Place all supplies in a safe place when not being used during the lesson.

**Supplies:** ☐ Small table, ☐ 8 1/2" x 11" Sheet of paper, ☐ Butter knife, ☐ Plastic knife, ☐ Fingernail clippers, ☐ 1 Pair of round-nose, paper-cutting scissors

## Prior to Lesson:

- On the 8 1/2" x 11" sheet of paper, write "POWERFUL" across the top half.
- On the same sheet of paper, write "DULL" across the lower half.

## Lesson Instructions:

- Hello, cadets!
- Let's review our Memory Verse from Hebrews 4:12, "For the Word of God is alive and powerful. It is sharper than the sharpest two-edged sword, cutting between soul and spirit, between joint and marrow. It exposes our innermost thoughts and desires."
- In our demonstration today, we'll be investigating the capabilities of 4 different tools. Some tools may look sharp, but aren't very powerful and can only be used for one specific function.

Ask **Can anyone think of anything that is powerful and has many functions?**

- Superkids, those are excellent examples—it's God!
- The good news is we can trust in God and His Word to be powerful and perform in any situation.
- OK, let's test out the tools on this table. We'll be attempting to cut this paper in half using the various tools.
- *(For safety, an adult volunteer or older cadet can assist with testing the tools on the paper.)*
- *(Have fun with allowing the assistant to test out the various tools, starting with the butter knife, then the plastic knife and next the fingernail clippers.)*
- *(By this time the kids will be encouraging the use of the scissors!)*
- Well, all these tools look sharp, but none of them were powerful enough to cut through this sheet of paper.

**Ask** **How about trying the scissors?**

- Yes! It definitely accomplished the job!
- By using the scissors, we were able to separate the 2 words on this sheet of paper: "POWERFUL" and "DULL."
- Powerful words are from God and are used to encourage, support and love other people. Our lives are powerful when we choose to live in God's presence and ask for His wisdom and guidance.
- Dull words aren't helpful to others and are used to hurt or destroy people's lives. When we choose to live without God's presence and love in our lives, we'll be dull and unfruitful.
- It took us a few tries to find the tool with enough power to cut through the paper. Remember, some tools may look sharp, but may not be very powerful.
- Like our Memory Verse says, God's Word is powerful and sharp. It can cut through any doubts, fears or challenges we face. God's Word brings healing, forgiveness and hope to our lives.

Notes:

# OFFERING

## THE GREAT DEFENDER

**Suggested Time:** 10 minutes

**Offering Scripture:** For my part, I will defend you against marauders, protect your wheat fields and vegetable gardens against plunderers.

Malachi 3:11 MSG

**Teacher Tip:** Review the previous Offering Lessons (Lesson 8 and Lesson 9) about being a partner with God and what it means to tithe. This will benefit visitors and be a good review for all the kids.
Allow Superkids the opportunity to share and discuss what tithing and being a business partner with God means to them.

**Supplies:** ☐ A paper grocery bag filled with some fresh produce, ☐ Small bag of wheat (or oatmeal)

## Offering Instructions:

- Giving to God because we love and honor Him, and learning to seek God in all we do, make us great business partners with God.
- Let's read our Offering Scripture together from Malachi 3:11 MSG, "For my part, I will defend you against marauders, protect your wheat fields and vegetable gardens against plunderers."
- *(Place the produce and sack of wheat or oatmeal on the table.)*

**Ask** **Can anyone share what this scripture means to our lives today?**

- *(Allow time for kids to share and express their ideas.)*
- At the time this scripture was written, most people made a living as farmers. Farmers needed protection from robbers, who would steal from their crops and gardens. Today, most of us buy groceries from a supermarket and have never seen a farm or pasture where groceries come from.
- As for applying and relating this scripture to our lives today, it teaches us about another benefit of being a business partner with God.
- Just like God provided protection for the farmers as they chose to sow into God's kingdom, He also protects us from harm and keeps dangerous or hurtful people from coming near us, as we choose to sow into His kingdom. He will help us be good stewards over everything He blesses our lives with. What a great business partner we have in God!
- Let's honor God with our offering.

# WORD TIME

## IT'S SHARP AND POWERFUL

**Memory Verse:** For the Word of God is alive and powerful. It is sharper than the sharpest two-edged sword, cutting between soul and spirit, between joint and marrow. It exposes our innermost thoughts and desires.
Hebrews 4:12

## I. THE WORD OF GOD IS POWERFUL AND SHARP

a. Speaking God's Word cuts through doubt and fear. James 1:5-6
b. Speaking God's Word brings health and life to our lives. Proverbs 4:22
c. God is never careless with His Word.

## II. GOD'S WORD IS A SWORD Ephesians 6:17

a. This "Spirit Sword" in you will bring power to your prayer life.
b. This sword is wielded with our mouths, not our hands.
c. When God's Word lives in you, asking and receiving is easy! John 15:7

## III. LEARNING GOD'S WORD IS AN ADVENTURE

a. God's Word has healing power. Psalm 107:20
b. Forgiveness is in God's Word. Luke 5:24
c. God's Word is encouragement for adventure. Philippians 3:14

***A Word From Commander Dana:*** The main thing I like to bring out in this truth is that we have a sharp, exact and very powerful gift from God, which is His Word. He has given it to His children so we can be like our Father. If we can give our Superkids examples of how God uses His Word, we can see how WE should use His Word as well! We can speak it to change circumstances from ungodly to godly. We can use it to cut through obstacles and to move mountains. We can share it to bring life to others. Help your children see the value of God's Word and the importance of using it. It should be handled with reverence, with respect, and always with love!

# OBJECT LESSON

## THE RIGHT POWER

**Suggested Time:** 5-8 minutes

**Memory Verse:** For the Word of God is alive and powerful. It is sharper than the sharpest two-edged sword, cutting between soul and spirit, between joint and marrow. It exposes our innermost thoughts and desires.
Hebrews 4:12

**Teacher Tip:** Allow Superkids to assist with the demonstration, and provide your assistants with the appropriate supplies/gardening tools as the demonstration is being presented.

**Supplies:** ☐ Clay pot, ☐ 1 Small bag of potting soil, ☐ 1 Packet of seeds, ☐ Hand shovel, ☐ Flashlight, ☐ 1 Bottle of water

## Prior to Lesson:

- Place supplies on a table for easy access. Consider placing a plastic tarp or newspaper under the project to help protect the area from any water that may spill.
- Select a cadet to assist with the demonstration. Provide the assistant with the appropriate supplies/gardening tools as the demonstration is being presented to the kids.

## Lesson Instructions:

- Hi, cadets! Today, our Object Lesson will involve some basic gardening skills.

**Ask** **Is there a Superkid who loves to garden?**

- First, let's have our special gardening assistant add some soil to our clay pot.
- Next, we'll add a few seeds and use the shovel to cover them with more potting soil. We'll now add water to help our seeds grow, and for our final step, we'll need light.
- *(Present the flashlight to the assistant.)*
- Well, cadets…that should do it!

**Ask** **Is anything happening? Are the seeds growing?**

- *(Allow kids the opportunity to suggest needing "real" sunlight for the seeds to grow.)*
- That's right, cadets; the seeds need "real" light to help them grow! The sunlight is the right power for the seeds to grow.
- Just like sunlight is the right power source to help the seeds grow, God's Word and how we use His Word in our everyday lives is our right source of power. There are a lot of different kinds of power in the world, but the Word of God is the strongest power!
- So today, make sure you go after the RIGHT kind of power. Let God's Word shine down and bring life to you each and every day!

Notes:

# HANDOUT

## IT'S SHARP AND POWERFUL

**Memory Verse:** For the Word of God is alive and powerful. It is sharper than the sharpest two-edged sword, cutting between soul and spirit, between joint and marrow. It exposes our innermost thoughts and desires.
Hebrews 4:12

## Superkid Handout Grades 1-3

1. God's Word is alive and powerful. Speaking God's Word brings _____ and _____. (Proverbs 4:22) (Answer: life, health)

2. In today's Academy Lab, we talked about "Powerful" words and "Dull" words. Share some examples of powerful words and dull words. It's important to remember that God's Word is sharp, exact and very powerful.

| Powerful | Dull |
|---|---|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

3. Circle the correct answer.

   The Word of God is powerful and sharp. **True / False** (Answer: True)

   God's Word is heavy. **True / False** (Answer: False)

   God's Word has healing power. **True / False** (Answer: True)

4. Learn the Superkid Creed! Memorize this part, and soon you'll know the whole "Superkid Creed"!

   **I always do what is right and I do it right. I do all things with excellence.**

   **I am diligent and I am not a quitter.**

Also available on the CD-ROM.

# HANDOUT

## IT'S SHARP AND POWERFUL

**Memory Verse:** For the Word of God is alive and powerful. It is sharper than the sharpest two-edged sword, cutting between soul and spirit, between joint and marrow. It exposes our innermost thoughts and desires.
Hebrews 4:12

## Superkid Handout Grades 4-6

1. God's Word is alive and powerful. Speaking God's Word brings _____ and _____. (Proverbs 4:22) (Answer: life, health)

2. In today's Academy Lab, we talked about "Powerful" words and "Dull" words. Share some examples of powerful words and dull words. It's important to remember that God's Word is sharp, exact and very powerful.

| Powerful | Dull |
|---|---|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

3. Circle the correct answer.

   The Word of God is powerful and sharp. **True / False** (Answer: True)

   God's Word is heavy. **True / False** (Answer: False)

   God's Word has healing power. **True / False** (Answer: True)

   God's Word should always be handled with reverence, with respect, and always with love! **True / False** (Answer: True)

   Powerful words encourage, support and love, whereas dull words hurt and destroy others. **True / False** (Answer: True)

4. Learn the Superkid Creed! Memorize this part, and soon you'll know the whole "Superkid Creed"!

   **I always do what is right and I do it right. I do all things with excellence.**

   **I am diligent and I am not a quitter.**

Also available on the CD-ROM.

# DINNERTIME DEVOTIONAL HANDOUT

## IT'S SHARP AND POWERFUL

**Memory Verse:** *For the Word of God is alive and powerful. It is sharper than the sharpest two-edged sword, cutting between soul and spirit, between joint and marrow. It exposes our innermost thoughts and desires.*
Hebrews 4:12

**Ask** **Your Superkid to name the chapter and verse of the above memory verse.**

## The Word of God Is Powerful and Sharp:

Speaking God's Word cuts through doubt and fear. James 1:5-6

Speaking God's Word brings health and life to our lives. Proverbs 4:22

God's Word is a sword. Ephesians 6:17

God's Word has healing power. Psalm 107:20

God's Word is encouragement for adventure. Philippians 3:14

## Family Review Questions:

1. Learning to recognize the power in God's Word can help you change from the inside, out. What are some thoughts or desires that God's Word has revealed to your heart?
2. God's Word is powerful and cuts through the doubts, fears and challenges you face. God's Word brings healing, hope and forgiveness to your life. Share how God's Word has helped you overcome fears, doubts and challenges in your life.

**Tips for Parents:** *This Dinnertime Devotional can be used at any mealtime, and is designed to reinforce the truths being taught at Superkid Academy.*

*Make sure you set the example by reading the verses out loud from your Bible. (We use the New Living Translation with most of our lessons, but reading from other translations can also provide a great teaching opportunity.)*

*Take a few minutes to read any other scriptures listed in the lesson so you can reinforce the main theme.*

*Let your questions guide the discussion time. In other words, allow your kids to do most of the talking. We've provided some questions here, but feel free to add more, using examples from your own life. (Remember to avoid asking questions that only require yes or no answers, since they do not foster conversation.)*

Also available on the CD-ROM.

# SUPPLY LIST

## IT'S SHARP AND POWERFUL

### Game Time: Power Hitter

- [ ] 2 Large, plastic, kid-sized bats
- [ ] 2 Inflatable beach balls or large Nerf balls
- [ ] Masking tape

### Academy Lab: Is It Sharp Enough?

- [ ] Small table
- [ ] 8 1/2" x 11" Sheet of paper
- [ ] Butter knife
- [ ] Plastic knife
- [ ] Fingernail clippers
- [ ] 1 Pair of round-nose, paper-cutting scissors

### Offering: The Great Defender

- [ ] A paper grocery bag filled with some fresh produce
- [ ] Small bag of wheat (or oatmeal)

### Object Lesson: The Right Power

- [ ] Clay pot
- [ ] 1 Small bag of potting soil
- [ ] 1 Packet of seeds
- [ ] Hand shovel
- [ ] Flashlight
- [ ] 1 Bottle of water

Also available on the CD-ROM.