LESSON 6: PATIENCE

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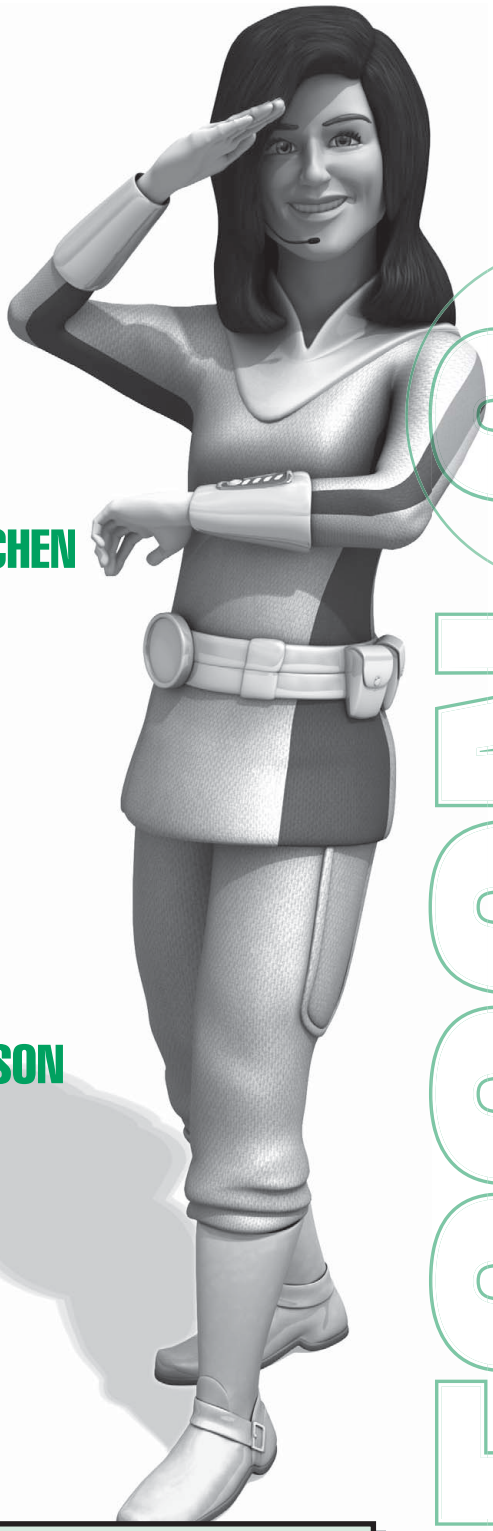

LESSON 6

Memory Verse: "Be assured and understand that the trial and proving of your faith bring out endurance and steadfastness and patience."

James 1:3 AMP

GAME TIME DONUT FISHING

Time Required: 6-8 minutes

Memory Verse: "Be assured and understand that the trial and proving of your faith bring out endurance and steadfastness and patience."

James 1:3 AMP

Teacher Tip: For safety, it's important to talk with kids and parents to prescreen for food allergies, if choosing to allow the Cadets to partake in sampling the food items.

Supplies: ☐ 6 Dowel rods, ☐ 1 Roll of white twine, ☐ 1 Package of plastic clothespins, ☐ 12 Glazed donuts ☐ Upbeat music to play during the game

Prior to Game:

Create "fishing poles" from the following supplies:

- Tie the twine to one end of a dowel rod.
- Consider securing the twine with hot glue to keep it from slipping.
- Tie the other end of the line to a clothespin.

Game Instructions:

- Choose three teams with 2 players on each team.
- Place 1 player from each team on the stage. (If a stage is not available, place each Cadet at the front of the room with a fishing pole.) Have the other players face their teammates and kneel on the floor in front of them, a short distance away.
- Attach a donut to the end of the line, by using the clothespin on each player's fishing pole. Teammates on the floor will clasp their hands behind their backs. If hands are used at any time to help eat the donut, that team will be disqualified.
- The goal is to eat as much of the donut before the music stops.
- This game will be a challenge, so each team will require patience and teamwork.
- When the music begins, each player with a fishing pole will cast to his/her teammate. Signal to stop the music after a designated amount of time, then judge which team has eaten the most of its donut.
- If time allows consider playing several rounds.

Game Goal:

Using patience and teamwork, to eat the largest amount of the donut from the fishing pole, in a designated amount of time.

Final Word:

The sport of fishing and "fishing" for people to share God's love with requires patience. Fishing for people takes even more patience, but it's even more fun. What a great way to practice this awesome fruit of the spirit!

ACADEMY KITCHEN DIP INTO PATIENCE

Time Required: 10 minutes

Memory Verse: "Be assured and understand that the trial and proving of your faith bring out endurance and steadfastness and patience."

James 1:3 AMP

Teacher Tip: Cover the ingredients until it's time to reveal the CHOCOLATE!

This recipe will need to be doubled when purchasing the ingredients: one for the demonstration and one that's melted and ready to eat.

Cut all dipping items prior to service.

Choose an adult volunteer or a teen helper to assist with the demonstration. For safety, keep potentially dangerous supplies out of reach and have adult supervision at all times when using cutting or power-related supplies.

For safety, it's important to prescreen for food allergies, if choosing to allow the Cadets to partake in sampling the food items.

Supplies: ☐ 2 2-quart Crockpots, ☐ 1 Butter knife to cut dipping ingredients, ☐ 1 Can opener, ☐ 1 Set of measuring spoons, ☐ A Cutting board, ☐ A Power cord, ☐ Toothpicks or thin wooden skewers

Recipe:

Ingredients: ☐ 2 ounces of unsweetened baking chocolate - chopped, ☐ 18 ounces of semisweet chocolate - chopped ☐ 14-ounce can of sweetened condensed milk, ☐ 1/2 teaspoon of vanilla, ☐ 4 ounces of white chocolate - finely chopped ☐ Suggested dipping items: Cookies, poundcake squares, brownies, strawberries, marshmallows and/or apples

Prior to Segment:

In a crockpot combine the baking chocolate, semisweet chocolate and sweetened condensed milk. Mix well. Cover and cook on **LOW** until the chocolate is melted, about one hour. Stir well and add the vanilla. Mix well. Sprinkle the finely chopped white chocolate over the melted chocolate mixture, cover and cook 10-12 minutes on **LOW** until the white chocolate is melted. Stir gently so it has a marbled effect.

To allow time for the initial batch to finish, start the recipe prior to service. Add the white chocolate a few minutes before beginning the lesson.

Notes: _____

Lesson Instructions:

Hello, Cadets! Today, we are going to make something sweet we all enjoy eating.

Ask **Can anyone guess what the main ingredient is?**

That's right—CHOCOLATE! There are two kinds, regular and white. (Remove napkin to reveal ingredients.)

Ask **Is there a Superkid who likes the taste of chocolate more than anything else?**

- (Choose one of the older kids who really wants to get picked. Explain that they don't get to come up and eat the chocolate. They have to first help prepare it.) Have them help you chop up the chocolate. Talk to the kids about chocolate coming in many forms and colors—candy bars, chocolate syrup, chocolate morsels, but it is really good when it's melted and you can cover in chocolate some of your favorite things to eat! (Make a big deal about how yummy things are covered in melted chocolate. Tell your helper to combine the baking chocolate, semisweet chocolate and sweetened condensed milk and mix well. Next, add the vanilla and the white chocolate. Turn the power to LOW and put the lid on.
- "All right, Superkids, do you know what we are going to dip into our chocolate? Do you think you can handle a chocolate blessing this wonderful?" Have your helper use the butter knife and begin cutting the "dipper" items. When this is done, give them the skewers and have them dip some goodies in the melted chocolate, covering them completely. Have your Superkid helper pick a few volunteers to eat the items. (By this time they will realize the chocolate is far from melted and there is no way they are going to be able to do what you ask.) Ask them if they followed your instructions completely and walk them through the steps again. This time point out that you forgot to add the last ingredient—PATIENCE! Ask them if they want to just throw out all the chocolate since it is not melted. Explain to everyone you must have patience when you are melting chocolate. If you melt it too fast it will burn and taste really yucky. However, if you melt it slowly at the right temperature it will turn a plain marshmallow into a yummy treat. Are you ready to use your patience and wait for it to melt so we can all share in the treat?
- This reminds me of what we learned today: not giving up and throwing our yummy chocolate promise away. Just like Abraham: He knew God had promised him big things but he had to have the patience to walk it out. Abraham's faith was growing by leaps and bounds as his patience got a real workout! Right on time, the promise of God was fulfilled.
- Have an adult helper bring out your pre-made chocolate recipe (have them gently stir the white chocolate to create the marbled effect right before they bring it out) and have your Superkid assistant look inside. Have them explain what they see. The reason we added the white chocolate at the end was to remind you how faith and patience work when you add the two together. It created something really cool and now it's complete.
- Always remember, don't throw away your faith—follow it up with patience *and* some yummy dippers.....IT WORKS!

Notes: _____

OFFERING

KEEP YOUR FAITH ON

Time Required: 10 minutes

Offering Scripture: "But let patience have its perfect work, that you may be perfect and complete, lacking nothing."
James 1:4 NKJV

Teacher Tip: Choose an adult volunteer or a teen helper to assist with the demonstration.

For safety, keep potentially dangerous supplies out of reach and have adult supervision at all times when using cutting or power-related supplies.

Supplies: ☐ 1 Teakettle, ☐ 1 Pitcher of water, ☐ 1 Tea bag, ☐ 1 Cup and saucer, ☐ 1 Hot plate

Offering Instructions:

Hello, Cadets!

Ask **Have any girls ever been to a tea party?**

Maybe some of the boys haven't, but we think most of you have seen someone make a cup of tea.

Ask **Can anyone tell us what the first step in the tea-making process is?**

- Correct! First, we'll pour water into the teakettle. Next, we'll turn the burner on and place the kettle on the burner.
- Have you ever noticed that it seems to take forever for water to boil when you're in a hurry? You might even get impatient, turn the burner off and walk away.

Ask **Will you ever get a cup of hot tea that way? No.**

- Superkids, do you realize that trusting God is just like making a cup of tea?
- When we give our offering, it is like filling the kettle with water. When we use our faith and ask God for something we need, it's like turning on the burner. In order for the water to boil, the burner must stay on. In order for us to see the results we want, we'll have to keep our faith on. Don't get impatient if nothing is happening. If we get impatient, it shuts our faith off! Instead, turn your faith on high.

Ask **How can we turn our faith on high?**

- By thanking God every day for taking care of us and making sure we have everything we need.

Notes: _____

LESSON OUTLINE PATIENCE

Memory Verse: "Be assured and understand that the trial and proving of your faith bring out endurance and steadfastness and patience."

James 1:3 AMP

I. PATIENCE SHOWS OUR TRUST IN GOD

a. We live in a very impatient world. People want everything in a hurry, right now!

b. When we are patient, we are letting God work out our lives.

c. God's Word gives the hope and encouragement our patience needs. Romans 15:4-5

d. If we allow it, patience works perfectly to make us complete. James 1:4

II. GOD WANTS US TO BE PATIENT WITH ONE ANOTHER Colossians 3:12-13

a. There are times when we need to be patient with our family.

b. Sometimes the people closest to us are the easiest to be impatient with.

c. The Bible tells us to be understanding of each other's faults. Ephesians 4:2

III. WE NEED THE FRUIT OF PATIENCE FOR OUR FAITH TO WORK Hebrews 6:12

a. Abraham had amazing promises from God. Genesis 12:2

b. Without patience, Abraham's faith would have given up. Hebrews 6:15

c. We are to follow Abraham's example, and hold on to the promises of God.

d. Don't throw away your faith (trust), follow it up with patience, it works! Hebrews 10:36

A Word from Commander Kellie: I like to ask the kids what kinds of things require patience. Basically their answers will fall into two categories: patience with people and patience when using our faith. They seem so different but the key to walking in patience is realizing that they are the same patience! We know we need to be patient while believing God for something, but we don't use one kind of patience for that and another kind while waiting for mom to fix dinner! The secret to building up our patience (like a bodybuilder builds a muscle) is to exercise it as we wait for dinner! They don't seem connected but it is the same force inside needed for either instance. People tend to get more impatient with family than with anyone else. This is a great time to encourage your Superkids to be patient with Mom and Dad and siblings—waiting for dinner; in the car ("Are we there yet?"); patience with younger brothers and sisters. In all these things we can exercise the force of patience so that when we need it in a faith fight, it's strong and developed!

By the way, I love messages that allow me as their commander to give some "Home Improvement" help. As their leader, you can and should be another voice partnering with parents to raise some awesome Superkids!

Notes: _____

OBJECT LESSON SERVANT CHALLENGE

Time Required: 10 minutes

Foundation Scripture: "And mark that you do this with humility and discipline…steadily, pouring yourselves out for each other in acts of love."

Ephesians 4:2 MSG

Teacher Tip: Remember to have rewards ready next week for the kids who participated and completed the challenge!

Supplies: ☐ 5 Envelopes, ☐ Notecards, ☐ Signature slips

Prior to Segment:

Prepare 5 envelopes, each containing a specific chore:

Ex: Doing the dishes; making someone's bed; taking out the trash; sweeping the porch or sidewalk; or folding the laundry.

Place a signature slip inside each envelope.

Sample verbiage for the signature slip:

"I, _____, confirm that my child cheerfully completed a full week of his/her task without any prompting."
(The line provided is for the parent/guardian signature.)

Lesson Instructions:

- Today is "Servant Challenge" day. If you would like to know what "Servant Challenge" is, listen to this scripture: Ephesians 4:2 says, "And mark that you do this with humility and discipline…steadily, pouring yourselves out for each other in acts of love" (MSG). I like the part that says "steadily, pouring yourselves out for each other." We're learning this week about being patient and one great way to practice patience is by serving someone, doing things for them.
- We are going to do a little experiment over the next week but I will need five Superkid Cadets who are willing to volunteer. Who thinks they could stick with something for a whole week?
- *(Choose your volunteers keeping in mind that this could be a little challenging for the younger ones.)*
- When we think about patience it seems like the hardest people to be patient with are our own family, our brothers and sisters or maybe our mom and dad. And usually, they are the ones who need our patience the most. This servant challenge is to help you grow in your patience for the people closest to you.
- There are five sealed envelopes here, one for each of you. Inside there is a special act of service that you will be doing each day for the next week. These chores are not your regular ones, but they are ones that will help someone else out. If the chore in your envelope is one you do anyway, think up a different one to do and let me know what it is.
- Now here's the fun little extra that I haven't told you about. There are actually TWO pieces of paper in these envelopes, one with your servant assignment and another one for your parent to sign that says you did your chore every day and with a great attitude. If you bring that paper back next week with your parent's signature I have a special treat for you. But you know what the best part of this challenge is? You'll be growing a big crop of "patience fruit" that your whole family will enjoy—what a treat for everyone!

Notes: