LESSON 13: DO IT!

COUNTDOWN VIDEO (DVD)

WELCOME AND PRAYER

OPENING VIDEO TRANSMISSION (DVD)

MEMORY VERSE

GAME TIME: MYSTERY CHALLENGE

SUPPLEMENTARY 1: ACADEMY KITCHEN: MESSY COOKS

OFFERING: TIME TO SAY THANKS

PRAISE AND WORSHIP (DVD)

LESSON VIDEO TRANSMISSION (DVD: LENGTH—3:31)

WORD TIME: DO IT!

SUPPLEMENTARY 2: STORYBOOK THEATER: KING CLAW

CLOSING VIDEO TRANSMISSION (DVD)

PRAYER, ANNOUNCEMENTS, HANDOUTS, DINNERTIME DEVOTIONAL HANDOUT (CD-ROM)

GAME REPRISE (IF TIME ALLOWS)

Memory Verse: *Don't just listen to God's Word. You must do what it says.*

James 1:22

GAME TIME

MYSTERY CHALLENGE

Suggested Time: 10 minutes

Memory Verse: Don't just listen to God's Word. You must do what it says.

James 1:22

Teacher Tip: Present the Memory Verse to the cadets and have them repeat it.

Supplies: ☐ 2 Hula hoops, ☐ 3 Different non-see-through containers, ☐ 1 Hard-boiled egg, ☐ 1 Clear container, ☐ 1 Bottle of hand sanitizer, ☐ Birthday candles, ☐ 1 Bib, ☐ 5 Toy prizes

Prior to Game:

- Place the "mystery challenge" supplies into the proper containers. Label each container 1-3.

Game Instructions:

Ask **Does anyone know what it means to be brave?**

- *(Allow opportunities for kids to answer and share.)*
- **Definition:** brave = one who actively faces and endures challenging situations
- For today's game, we'll need some Superkids who are brave.
- Choose 1 boy and 1 girl to challenge each other in a hula-hoop contest.
- Whoever hula-hoops the longest will get a chance to choose a "mystery challenge" from 1 of the 3 containers.
- If the mystery challenge can be completed, the winner will receive a prize! If a player chooses not to complete the challenge, a prize will not be awarded, and the other player may try.
- *(If the hula-hoop contest gets too lengthy, have the contestants work the hula-hoop down to their knees, out to their arms, etc.)*
- After the hula-hoop contest, allow the winner to choose a challenge container.
- After the container is chosen, read the corresponding challenge.
- Have fun with this, and ask each player if they can guess the "mystery challenge," based on the object inside the clear container.

		Mystery Challenges:
Container #1	Hard-Boiled Egg	Peel the egg and separate the shell from the white and the yellow of the egg. Keep all parts as intact as possible.
Container #2	Birthday Candles	Multiply your age x 4 and do that many jumping jacks.
Container #3	Bib	In your best little-kid voice, say, ***"I can eat my din-din all by myself, because I'm big!"*** Then clap for yourself.

Game Goal:

- Win the hula-hoop contest and choose a mystery challenge. If either contestant can follow the instructions and complete the "mystery challenge," a prize will be awarded!

Final Word:

- Hearing is sometimes easier than doing. The "mystery challenges" were easy to hear, but not always easy to do. Let's be good listeners and obey what God is showing us!

Notes:

ACADEMY KITCHEN

MESSY COOKS

Suggested Time: 10 minutes

Memory Verse: Don't just listen to God's Word. You must do what it says.

James 1:22

Supplies: ☐ 1 Medium-sized, clear, glass bowl, ☐ Serving spoons, ☐ Disposable gloves

Recipe:

Ingredients: ☐ 1 Large can of refried beans, ☐ 1 Pint of sour cream, ☐ 1 Medium-sized jar of mild salsa, ☐ 1-2 Cups grated cheddar cheese, ☐ 1 Large tomato, diced, ☐ 1 Small can of sliced black olives, drained (optional), ☐ 1 Bag of tortilla chips

Prior to Lesson:

- Start the layered dip by spreading the refried beans in the bottom of the bowl. *(Be careful to not get beans on the sides of the dish.)*
- Next, using a clean spoon, place sour cream over the beans and gently spread with the back of the spoon to distribute evenly.
- For layer three, with another clean spoon, place salsa on top of the sour cream.
- Sprinkle handfuls of cheese over the entire dip. *(We suggest wearing disposable gloves for this step.)*
- Leaving your gloves on, top the cheese with diced tomatoes, and spread evenly.
- Optional: Add sliced olives for the final layer of your masterpiece.
- Grab a chip and dig in!

Teacher Tip: Since this lesson is about listening and following instructions, we want to demonstrate what happens when we aren't good listeners.

Recruit a Superkid to assist with the demonstration by reading the recipe.

As each step is read, dump the ingredients into the bowl with no regard to the details of the instructions. When finished, the dip will look like an unappetizing mound of this-and-that in the bowl.

Have fun with this recipe and activity!

It would be a good idea to bring a second, properly prepared dip to present at the end of the lesson for contrast, and maybe a little taste test! (Have an adult helper take the "taste test.")

For safety, it's important to prescreen for food allergies, if choosing to allow kids to partake in sampling the food items.

Lesson Instructions:

- Today, we'll be making a tasty snack, a six-layer dip! But before we get started, we'll need a Superkid assistant, someone who's a good recipe reader.
- *(Choosing a good reader is important for this demonstration, since we are focusing on hearing and following instructions.)*
- OK, Superkids, here we go!
- As the Superkid assistant reads the recipe, construct the dip by disregarding the "fine points" of each step.
- *(This will help demonstrate what can happen when we choose to not listen and follow directions.)*
- Hmm, that didn't quite turn out the way it's supposed to.

Ask **What do you think, kids?**

- You know, kids, this reminds me of our Memory Verse today.

Ask **Can anyone remember our Memory Verse?**

- *(Allow kids to say the scripture and then have them repeat the scripture together.)*
- James 1:22 says, "Don't just listen to God's Word. You must do what it says."
- I was listening to my helper as they read the recipe, but wasn't doing exactly what they said.
- Superkids, let's make sure we do what God's Word says. If we choose to practice living God's Word, then our lives will turn out right…like **this** dip! *(Show 2nd properly prepared dip.)* And doesn't that look good!

Notes:

OFFERING

TIME TO SAY THANKS

Suggested Time: 10 minutes

Offering Scripture: Let him who receives instruction in the Word [of God] share all good things with his teacher, [contributing to his support].

Galatians 6:6 AMPC

Supplies: Teacher gifts (Ex: coffee mug, candle, gift card, apple, etc.)

Offering Instructions:

Ask **Who knows what "Teacher's Day" is?**

- *(Allow kids the opportunity to share and discuss.)*
- **Answer:** Teacher's Day is one special day each year when students and parents celebrate teachers and let them know how much their hard work is appreciated.

Ask **Have any of you celebrated Teacher's Day by bringing a gift to your teacher?**

- We have brought a few items that kids like to give to their teachers.
- *(Display each item for the kids to see and share.)*

Ask **Hey, kids, did you know that one of Jesus' disciples named Paul taught people about the importance of Teacher's Day?**

- Let's listen to what Galatians 6:6 says: "Let him who receives instruction in the Word [of God] share all good things with his teacher...."
- This scripture is telling us that we are to celebrate and honor the people who teach us God's Word.
- That may be your schoolteacher, or kids' pastor, or even the senior pastor.
- And not all gifts have to cost money. Sometimes the best gift you can give is the gift of thankfulness.

Ask **Can you think of any gifts you can give that don't cost money?**

- *(Allow Superkids an opportunity to share their ideas.)*
- We can always say thank you to our teachers. Superkids, did you know it honors God and others when you express appreciation by saying thank you? Your teachers will appreciate it and so will God!

WORD TIME

DO IT!

Memory Verse: Don't just listen to God's Word. You must do what it says.

James 1:22

I. HEARING IS EASIER THAN DOING

a. It is important to be a good listener.

b. If we don't do God's Word, we don't see who we really are. James 1:23-24

c. God is looking for hearers and doers!

II. OBEDIENCE IS AN IMPORTANT INGREDIENT

a. A man once asked his two sons to do some work. Matthew 21:28-31

b. One son said he would work, and didn't. The other son obeyed.

c. Who do you think pleased his father more?

III. GOD IS ON THE LOOKOUT 2 Chronicles 16:9

a. Those who hear and do what God's Word says will be blessed.

b. God has big plans and rewards for those who are hearers and doers.

c. Consistent effort always pays off with our heavenly Father! Hebrews 11:6

A Word From Commander Dana: This teaching provides an opportunity for the kids to "do" and "hear." Just as God's Word gives us assignments, consider giving the kids specific assignments that challenge them to follow instructions and be doers.

Present Superkid cadets with 3 possible "doer" challenges for the week.

One possible challenge:

- Kids—ask your parents if you can make their bed every day this week!
- Have kids bring a signed note, from Mom or Dad, stating their success for completing their "doer" challenge.

(At this point, ask your Superkids to name some jobs that their parents would really like them to help with.)

STORYBOOK THEATER

KING CLAW

Suggested Time: 15 minutes

Concept: Bob and Joe discover that hearing is easier than doing. Experiencing God's grace is wonderful, but it's even more satisfying when God can trust us completely because we respond obediently to His assignments.

Memory Verse: Don't just listen to God's Word. You must do what it says.

James 1:22

OPTIONS FOR STORY PRESENTATION:

Choose which story presentation option fits best with your team (you can also do both).

Storybook Theater:

Teacher Tip: Reviewing the script prior to the service and involving teen helpers is a great way to keep Superkids involved and attentive.

Illustrated Story:

Teacher Tip: Cut the paper to fit the board, and tape it down. Lightly sketch the drawing with a pencil prior to presentation during service. Time may not allow the picture to be completely drawn and colored on stage. Erase the pencil lines, so light lines are visible to the artist, but are not visible to the audience. Review the story ahead of time to determine the amount of time needed to complete the illustration while on stage. When the story begins, use black felt-tip markers to draw the picture, following the sketched pencil lines. Next, apply color using the pastel chalk. Then, blend the color with the rags. Finally, cut the illustration from the board, roll it up, secure with rubber bands, and share it with a Superkid!

Characters (For Storybook Theater):

1. **Bob:** The older, stronger and more responsible 12-year-old brother. Bob allows his brother Joe to talk him into going to the creek.
2. **Joe:** The younger brother who is easily distracted, more chill and easily convinces Bob to go play rather than completing their chores.
3. **Dad:** Traditional dad type—loving and forgiving, who extends grace to Bob and Joe.
4. **Mom:** Sweet, soft-spoken except when she hollers for the boys.

Costumes (For Storybook Theater): Farm clothes

Supplies (For Illustrated Story): ☐ Easel (to set foam-core board on), ☐ Large piece of foam core (30" X 48" size from an art store), ☐ Roll of white, banner-sized paper (teacher supply or art store), ☐ Black felt-tip markers (for initial drawing and outlining), ☐ Pastel chalks (from art store), ☐ Rags or cloth (to blend chalks), ☐ Scissors (to cut paper to size), ☐ Tape (to tape paper to foam-core board), ☐ Rubber bands (to roll up paper for giveaway), ☐ Small table (to put art supplies on during story), ☐ Pencil and eraser (art pencils are best), ☐ Art smock (to keep your artist's clothes clean)

1. Storybook Theater:

Select people ahead of time (these can be team members or Superkids who are good readers, dramatic and expressive) to read the spoken lines of the characters. The number of people you select to be your character voices will depend on how many characters have lines in your story, and how many people you have available. If you are limited on people, you can have readers play two or more characters. Just be sure they can make each character have a distinctly different voice! Make copies of the story and highlight their lines. We suggest doing at least one practice read before service to make sure delivery is smooth. For added fun, dress your characters in costumes! At the beginning of your story, introduce your cast of characters.

2. Illustrated Story:

If there is an artist in the house, this is a great addition to your story time! While the story is being read, the artist can illustrate it and give the drawing as a prize at the conclusion. Use the picture giveaway as an incentive for Superkids to be extra quiet and pay close attention. Initially, there will be a few supplies to purchase, but don't let this be a deterrent from using the illustrated story option! Once the supplies have been purchased, they'll be long-lasting and reusable.

King Claw

Joe watched his brother Bob lift another bale of hay and stack it against the barn wall. Bob was 12 years old and strong for his age.

"If I had his muscles, I'd be lifting a lot more hay!" Joe imagined to himself.

Their father had only given them one chore today, but it was a big one. Joe continued to relax while his older brother stacked two more bales.

"Hey, Bob, you want to go down to the creek?" Joe asked.

There was nothing Joe liked to do more than visit the creek. It was nice and cool and full of critters. A week ago Joe had spotted an enormous crawdad that had a black claw on one arm and a big, red claw on the other. Joe named him "King Claw." He was a prize that Joe fully intended to catch.

Bob picked up another hay bale and looked at Joe. "If we go to the creek, who's gonna get the rest of this hay stacked up in the barn?"

Joe loved his older brother, but thought Bob was way too responsible.

"We could go until it gets cooler outside," replied Joe. "It's way too hot right now, and besides, I think we could stack the bales a lot straighter when it's nice and cool."

His kid brother had a point. It was hot outside, but even hotter inside the barn. Besides, moving hay around was a dirty job and it made you itch—especially when hay got inside your shirt. Bob rubbed his hot, sweaty head and asked Joe, "How many bales have you stacked?"

"I don't know," Joe replied. "Maybe two or three. How many bales are left?"

"One hundred and ten, I think," Bob said.

"ONE HUNDRED AND TEN? That settles it," exclaimed Joe, "we're going to the creek!"

Just then the boys heard their mother call out from the back porch. "Joe, Bob!" she hollered. It sounded funny when she did that.

"She's calling someone named Joe-Bob," said Joe with a smirk on his face.

"Glad she's not calling us," replied Bob.

Laughing, the two boys trotted toward the creek.

"Last one there's a rotten egg!" shouted Bob.

The boys ran until they reached the creek. "Now this is more like it," Joe said.

"There he is," Bob said.

Joe quickly sat up. "Who, Dad?" Joe asked.

"Not exactly Dad," replied Bob. "More like craw-dad! I am looking at your friend with the gargantuan claws."

"I think you're right," Joe whispered. "That's him and he's got a big, red claw that I want!"

"What are you gonna do with him?" Bob asked.

"I don't know, make a necklace or something," answered Joe.

With one quick jump, Joe was in the water, grabbing at something under the bank. After a few splashes, Joe tossed a huge crawdad up on the bank. Both boys stared at the great, red claw.

"Wow, check that out," admired Bob.

The creature was trying to get back to the creek bank, snapping his claw shut in a threatening manner.

"No you don't," said Joe. "You get to become a necklace." Joe put his prize into an old can he had brought along.

As the boys headed back to the house, they heard a rumble in the distance.

"Sounds like thunder," said Bob. "I think we'd better high-tail it for the house!"

As they headed for the house, a black line of clouds appeared on the horizon. Lightning flashed like a giant camera, followed by a "bang" that turned into a "boom."

"Wow, that was close!" Joe exclaimed.

"I think I just felt a raindrop," Bob reported.

Joe looked at the darkening sky and thought about the 110 bales of hay located outside the barn. By the time the boys got home, rain was falling hard and they were soaked.

As the two soggy brothers walked through the back door, they came face to face with their dad.

"Hi, boys, how did the hay stacking go?"

Bob got up his courage and stammered, "We got sorta sidetracked...."

"I noticed that when I drove in," their father answered.

Joe spoke up first, "Dad, it's my fault. Bob was working and I talked him into going to the creek."

Their father looked at his older son. "Is that right, Bob?" he asked.

"Actually, Dad, it isn't Joe's fault. It's my fault because I'm older and more responsible."

"Sit down, boys," said their dad. "Here's the deal; I want you to do the tough jobs I give you because I want to trust you just like God wants to trust us. The more He trusts us, the more He can depend on us."

"I guess we blew it," said Joe.

Both boys looked at the floor.

After a long silence their dad spoke up. "The best thing about God is that He always gives us another chance.

"I came home early and put the rest of the hay up for you two. One hundred and ten bales, I think it was. Can I count on you boys to be dependable next time?"

"You can count on us, Dad," Bob said, as his brother nodded.

"I'm going to remember that," their father smiled. "I'm glad you had fun at the creek," he said as he walked into his bedroom and shut the door.

Joe turned to his brother, "Dad gave us grace on that one!"

"Yeah, cause we deserved something else," said Bob.

About that time a scratching sound came from the forgotten can on the porch. Joe and Bob both ran to take a look. The crawdad inside held up the red-colored claw as if to say, "What about me?" The two boys looked at one another.

"Let's let him go!" they shouted in unison.

Outside the rain had stopped and the sun was shining again.

"Mom, Dad, we're going to the creek," they called, "that is, unless there are any chores that need to be completed first."

"Be back before dark, guys," Mom said from the kitchen. Joe and Bob ran for the creek. When they got to the bank, Joe looked into the can one last time.

"Well, King, I guess this is it. You get a break too." With that he turned the can upside down and the giant crawdad fell into the shallows with a healthy splash.

The End.

Notes: _____

HANDOUT

DO IT!

Memory Verse: *Don't just listen to God's Word. You must do what it says.*

James 1:22

Superkid Handout Grades 1-3

1. We must be a hearer and a _____ of God's Word. (Answer: doer)

2. In today's Academy Kitchen, we learned that when we follow instructions things turn out right. How can you practice following instructions this week?

3. True or False:

   It's important to be a good listener. _____ (Answer: True)

   Obedience pleases God! _____ (Answer: True)

   God rewards those who do not complete their chores. _____ (Answer: False)

   By hearing and doing, you will be blessed. _____ (Answer: True)

4. Learn the Superkid Creed! Memorize this part, and soon you'll know the whole "Superkid Creed"!

   I live my life in honor and humility.

   I allow nothing to come before God.

Also available on the CD-ROM.

HANDOUT

DO IT!

Memory Verse: Don't just listen to God's Word. You must do what it says.

James 1:22

Superkid Handout Grades 4-6

1. We must be a hearer and a _____ of God's Word. (Answer: doer)

2. In today's Academy Kitchen, we learned that when we follow instructions things turn out right. How can you practice following instructions this week?

3. True or False:

   It's important to be a good listener. _____ (Answer: True)

   Obedience pleases God! _____ (Answer: True)

   God rewards those who do not complete their chores. _____ (Answer: False)

   By hearing and doing, you will be blessed. _____ (Answer: True)

   James 1:22 tells us not to listen to God. _____ (Answer: False)

   Second Chronicles 16:9 tells us that God is looking throughout the whole earth for those who are committed to Him. _____ (Answer: True)

4. Learn the Superkid Creed! Memorize this part, and soon you'll know the whole "Superkid Creed"!

   I live my life in honor and humility.

   I allow nothing to come before God.

Also available on the CD-ROM.

DINNERTIME DEVOTIONAL HANDOUT

DO IT!

Memory Verse: *Don't just listen to God's Word. You must do what it says.*

James 1:22

Ask **Your Superkid to name the chapter and verse of the above memory verse.**

Hearing Is Easier Than Doing:

If we don't do God's Word, we don't see who we really are. James 1:23-24

Obedience is an important ingredient. James 1:22

Consistent effort always pays off with our heavenly Father! Hebrews 11:6

Family Review Questions:

1. Hearing is sometimes easier than doing. Share an example of God asking you to do something and you obeyed. How does reading God's Word and obeying what He says affect your relationship with God?
2. When you practice being obedient to your parents, you are practicing being obedient to God's voice. How can you practice obedience to your parents and God this week?

Tips for Parents: This Dinnertime Devotional can be used at any mealtime, and is designed to reinforce the truths being taught at Superkid Academy.

Make sure you set the example by reading the verses out loud from your Bible. (We use the *New Living Translation* with most of our lessons, but reading from other translations can also provide a great teaching opportunity.)

Take a few minutes to read any other scriptures listed in the lesson so you can reinforce the main theme.

Let your questions guide the discussion time. In other words, allow your kids to do most of the talking. We've provided some questions here, but feel free to add more, using examples from your own life. (Remember to avoid asking questions that only require yes or no answers, since they do not foster conversation.)

Also available on the CD-ROM.

SUPPLY LIST

DO IT!

Game Time: Mystery Challenge

- [ ] 2 Hula hoops
- [ ] 3 Different non-see-through containers
- [ ] 1 Hard-boiled egg
- [ ] 1 Clear container
- [ ] 1 Bottle of hand sanitizer
- [ ] Birthday candles
- [ ] 1 Bib
- [ ] 5 Toy prizes

Academy Kitchen: Messy Cooks

- [ ] 1 Medium-sized, clear, glass bowl
- [ ] Serving spoons
- [ ] Disposable gloves

Ingredients:

- [ ] 1 Large can of refried beans
- [ ] 1 Pint of sour cream
- [ ] 1 Medium-sized jar of mild salsa
- [ ] 1-2 Cups grated cheddar cheese
- [ ] 1 Large tomato, diced
- [ ] 1 Small can of sliced black olives, drained (optional)
- [ ] 1 Bag of tortilla chips

Offering: Time to Say Thanks

- [ ] Teacher gifts (Ex: coffee mug, candle, gift card, apple, etc.)

Storybook Theater: King Claw

Costumes:

- [ ] Farm clothes

Supplies (For Illustrated Story):

- [ ] Easel
- [ ] Large piece of foam core
- [ ] Roll of white, banner-sized paper
- [ ] Black felt-tip markers
- [ ] Pastel chalks
- [ ] Rags or cloth
- [ ] Scissors
- [ ] Tape
- [ ] Rubber bands
- [ ] Small table
- [ ] Pencil and eraser
- [ ] Art smock

Notes: