LESSON 5: PEACE

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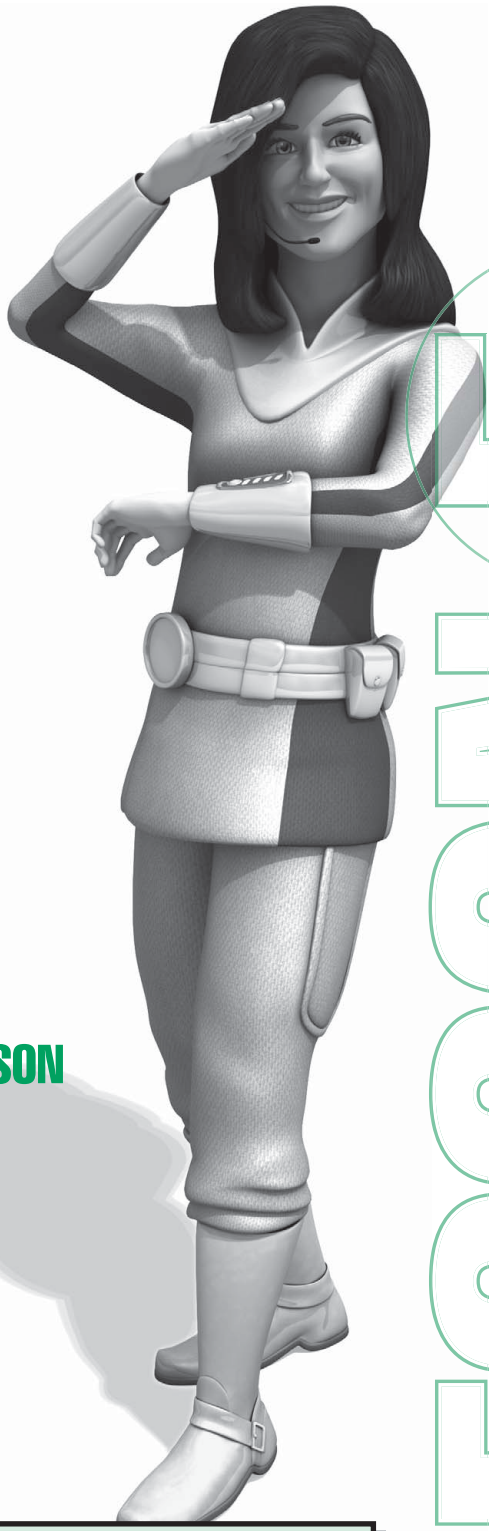

LESSON 5

Memory Verse: "Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus."

Philippians 4:7

GAME TIME BABY CRAWL

Time Required: 10 minutes

Memory Verse: "Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus."
Philippians 4:7

Supplies: ☐ 8 Bibs, 8 Large diapers, ☐ 2 Rattles, ☐ 4 Sets of kneepads, ☐ 2 Cones (Or 2 tape lines on the floor for finish-line markers), ☐ Upbeat music to play during the game

Prior to Game:

- Select two teams with four players on each team.
- Have all four players on each team place bibs, diapers and kneepads over their existing clothes.
- The two teams will line up next to each other at the starting line, on their hands and knees.
- The first two "babies" in line will each hold a rattle.
- Place a cone or tape marker for the finish line.

Game Instructions:

- This will be a relay race. The players will start when they hear, "Go, baby!"
- The first two "babies" will crawl to the finish-line marker and back while holding his/her rattles.
- As the first "babies" return, they'll shout, "Whaaah!" and pass his/her rattle to the next "baby" in line.
- While his/her teammate is crawling, the first "babies" will give his/her kneepads to the third "baby."
- The first team to complete the crawl relay wins.

Final Word:

Ask your group if they can remember crawling and crying while wearing a diaper. Hopefully, no one can! Ask them if it would seem odd if they had to crawl into children's church with a diaper and a rattle each week.

"What if Cadets walked into Superkid Academy and the commanders were wearing diapers and crying for snack time? Have you considered that this is what God sees with many Christians every day? Very old and very silly babies. Even their diapers need to be changed. Let's make sure we grow up God's way and forget wearing diapers all our lives!"

Notes: _____

DRAMA "CHINA" *SUPERKID INTERNATIONAL NETWORK*

Concept: A news reporter travels the world, meeting interesting people and providing insight into their culture and country.

Teacher Tip: Options for skit presentation:

1. Allow the Reporter to use a clipboard with a script printout for easy reference of their lines. Highlighting key words of the script will provide reference points for an easier read and flow to the story.
2. This skit can be prerecorded and shown on TV during service, like a "real" news report.

Teen Tip: Reviewing the script prior to service and involving teen helpers is a great way to keep the Cadets involved and attentive.

Characters:

Nennerd Nil: News Reporter
Ling: A Chinese child

Costumes:

News Reporter: Professional wear
Chinese child: Male: A karate outfit

or

Female: A kimono (Consider fixing the female Chinese child's hair with a bandana or high bun with chopsticks; apply white makeup to the face, and red lips).

Supplies: ☐ 1 Clipboard with a script for the Reporter, ☐ 1 Microphone, ☐ 1 Large tote bag containing the following items: ☐ Facial tissue, ☐ Chopsticks, ☐ 1 Pocketbook, ☐ String cheese, ☐ A rubber chicken, ☐ A fortune cookie

Notes:

(Begin with the Reporter standing center stage, holding the microphone;
Ling is standing next to Reporter, happy to be on television.)

REPORTER - NENNERD NIL:
Welcome to the Superkid International Network. The station that brings the latest news on international people and places. I'm Nennerd Nil, on assignment in China. And I'm here with a Superkid from China named Ling. Hello, Ling.

(Ling bows)

LING:
Nee-how!

REPORTER - NENNERD NIL:
China is the most populated country in the world, with approximately 1.2 billion people. That means China has the most citizens of any country in the world! Many people, including Ling, live in Beijing (bay-zhing), the capital. China has the world's largest dam located by the Yangtze (yang-zee) River. China is located in the Far East and is considered a part of the continent of Asia. It is the third largest country in the world, bigger than all of Europe!

Two-thirds of the country is covered by many beautiful mountains and hills. Although the region has mountains, which bring cold temperatures in the winter, China gets very hot and humid in the summer.

Now, for the best part of this news report, we'll explore the "Top 10 Tips for Visiting China." Since Ling does not speak English, he or she will be acting out the information, while we translate.

(For this next section, Ling will act out his or her "Tips," while the reporter translates.)

1st ACTING TIP:
Ling acts like he or she is riding a bike and then throws himself/herself down dramatically, imitating getting hit by a bus.

REPORTER TRANSLATES:
Buses rule the road in China, so you won't want to ride a bicycle in town, like many locals do.

2nd ACTING TIP:
Ling pulls a pocketbook from the tote bag, and puts his index finger up in an "Aha" manner, like he figured something out.

REPORTER TRANSLATES:
Carry a Chinese dictionary, because most Chinese people do not speak English.

3rd ACTING TIP:
Ling pulls a tissue from the tote bag and tosses it aside, as if to say, "You don't need it," then does a fake "Ptooey" spit.

REPORTER TRANSLATES:
Spitting and blowing your nose onto the ground in public is accepted and quite common.

4th ACTING TIP:
Ling sticks out his or her tongue and waves.

REPORTER TRANSLATES:
Don't be surprised if people stick their tongues out while waving; it's like saying "hello."

5th ACTING TIP:
Ling whips out a pair of chopsticks from the tote bag and twirls them around like swords.

REPORTER TRANSLATES:
Learn to use chopsticks before you go, or bring your own fork!

6th ACTING TIP:
Ling makes a big "X" with the chopsticks to say "No!"

REPORTER TRANSLATES:
Don't leave chopsticks standing in your bowl, it's considered very rude.

7th ACTING TIP:
Ling takes a package of string cheese from the tote bag and starts to eat it, while covering it with his other hand.

REPORTER TRANSLATES:
Don't eat cheese in public. Many Chinese people consider dairy foods disgusting!

8th ACTING TIP:
Ling pulls a rubber chicken from the tote bag, points to the feet, licks his lips and rubs his or her belly.

REPORTER TRANSLATES:
Consider eating chicken feet, they're quite tasty!

9th ACTING TIP:
Ling pulls a fortune cookie from the tote bag and tosses it to the side.

REPORTER TRANSLATES:
Do not order chop suey, chow mein or fortune cookies. These items were created in the U.S. and are unknown in China.

10th ACTING TIP:
Ling lies down, props head up with hands, and crosses feet in an ultra-relaxed mode.

REPORTER TRANSLATES:
Be prepared to go slow and take it easy. That's the Chinese way of doing things. It looks like Ling is ready to go home and take a nap. Thank you, Ling!

(The reporter bows, Ling gets up and bows, then exits.)

REPORTER - NENNERD NIL:
How do the people of China spend their days? Most Chinese people work in factories that make clothing and various items. Some Chinese have more traditional jobs, like working in rice-paddy fields.

Although China appears to be a free nation, there are still many boundaries.

China is not a peaceful place to be a Christian. Christian churches in China are held underground or secretly in homes, to keep members from being discovered and imprisoned by the police.

In America, we can enjoy peace and freedom in worshiping God. Let's pray for the people of China, that they'll be brave and safe as they worship, share the Word and serve God.

This is Reporter Nennerd Nil signing off, and reminding Superkids around the world, that "God is extraordinary and so are YOU!"

(Reporter exits)

OFFERING

A GOOD THING TO REMEMBER

Time Required: 10 minutes

Offering Scripture: "Remember the Lord your God. He is the one who gives you power to be successful."

Deuteronomy 8:18a

Supplies: ☐ A bag containing 10-20 miscellaneous items: (Ex: a hairbrush, dog collar, pencil, baseball, etc.), ☐ A table to display the bag contents, ☐ A stopwatch (Or a watch with a second hand)

Offering Instructions:

You know, having a good memory is important.

Ask **Has anyone ever forgotten something?**

- Maybe you had a test you needed to study for and you got to school and were reminded that, uh-oh, you spent last night playing instead of reviewing your notes. Today I have a little test of my own that I would like to try out on some one who thinks they have a pretty good memory.

Ask **Is there a Cadet willing to help with this test?**

- This is how my test works: In just a minute I am going to pour this bag out onto the table. You will have 90 seconds to look the things in the bag over before I put them back. After I have picked them all up, I want to see how many of those things you can remember. Are you ready? Here we go.
- *(Dump items on table and begin your timer. Count down the last 10 seconds and gather items back into bag.)*
- Now let's see how good your memory is; tell me what is in this bag. *(Take items out as your helper names them.)* Was it a little tough remembering everything you had seen? You did a good job. Thank you for helping me with my test!
- You know, Cadets, remembering things in a bag is not a big deal but there are some things that are a big deal to remember. Listen to this one, it's in Deuteronomy 8:18: "Remember the Lord your God. He is the one who gives you power to be successful." That verse is letting us know that we should never forget where the good things in our life really come from—from our God who is always helping us!

Ask **How is God helping us?**

- He helps our families to be healthy and happy. He helps you in your schoolwork. He makes sure we have food to eat and clothes to wear.

Ask **Are there any Superkids who can remember other ways God helps us?**

- (Allow the Cadets an opportunity to share and discuss their answers.)
- Wow, when you think about it, those are great things to remember. When we remember God, it makes our hearts happy and we want to give something to the One who is always there for us—the One who gives us everything we need to be successful…OUR GOD!

LESSON OUTLINE

PEACE

Memory Verse: "Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus."

Philippians 4:7

I. JESUS AND HIS DISCIPLES WERE IN A GREAT STORM Mark 4:36-39

a. The storm was so fierce the disciples became afraid for their lives.

b. Jesus had so much peace He was taking a wonderful nap.

c. Jesus commanded the weather to be at peace and everything became calm.

d. The disciples let the storm control them, Jesus let peace control Him.

II. PEACE IS SUPERNATURAL FRUIT

a. When Jesus let the peace of God inside of Him come out, it stopped the storm.

b. Sometimes tough circumstances feel like great storms.

c. With God's peace, we have everything we need, with nothing missing! Philippians 4:7

III. WITH THE HOLY SPIRIT IN CHARGE, PEACE RULES OUR MINDS Romans 8:6

a. Jesus gave us His very own peace to use. John 14:27

b. He instructed us to not allow our hearts to be troubled or afraid.

c. Let His peace rule in your heart like a king—it's in charge! Colossians 3:15

A Word from Commander Kellie: Peace is a wonderful force for Superkids to understand and put to use! It can help, along with joy, in a difficult situation. Just like Jesus in Mark 4:36-39, you can have supernatural calm in the middle of a storm. No matter what chaos is happening on the outside, you can be still and have a God-given sense of order on the inside.

The other aspect that I like to teach the kids in this lesson has to do with being led by the Spirit. We can teach them to check their heart to see what peace is saying to them. If we follow peace, we will let it "rule" or make decisions. For example, do we go to a friend's house? Do we watch a certain thing on TV or on the Internet? Do we hang out with this person? What powerful wisdom is available to the Superkid who will learn to check their heart and follow the peace of God!

Notes: _____

OBJECT LESSON NOTHING MISSING

Time Required: 5-8 minutes

Foundation Scripture: "I am leaving you with a gift—peace…" (Peace means nothing missing or broken.)

John 14:27

Teacher Tip: For safety, it's important to prescreen for food allergies, if choosing to allow the Cadets to partake in sampling the food items.

Supplies: ☐ A few slices of deli meat, ☐ 2 Pieces of sliced cheese, ☐ 1 Sliced tomato, ☐ 2 Pieces of leaf lettuce, ☐ Mustard

Prior to Segment:

- Display the sandwich supplies on the table.
- The bread has been purposely omitted from the supplies to challenge the volunteer in this sandwich-making activity.
- Choose one volunteer to assist with this demonstration.
- Allow the volunteer to start making the sandwich and then discover the missing ingredient, bread.

Lesson Instructions:

I need someone who knows how to make a sandwich AND is very hungry. *(Choose one volunteer.)* You know how to make a sandwich, right? OK, here are the things you need. Go ahead and make your sandwich. Put whatever you'd like on it. And as soon as you're finished, you can eat it. *(Volunteer will try to make sandwich without bread. It will be messy and funny to watch.)*

Ask **What's wrong? I thought you said you knew how to make a sandwich. If I were as hungry as you are, I'd quit messing around and make my sandwich. Why aren't you doing what I asked? Please make the sandwich. *(Volunteer will finally explain to you the problem.)***

Oh! I see, without bread there is no sandwich. Why didn't you say so in the first place? A sandwich isn't a sandwich without the bread. Of course! I knew something was missing….

Ask **What does peace have to do with things missing?**

- Good question. Well, the kind of peace God gives means nothing is missing or broken.
- This sandwich was missing something pretty important, and it definitely made things less than peaceful—wouldn't you say? It is certainly messy and crazy trying to make a sandwich when you are missing bread! Not to mention less filling!
- But with God's peace, you'll always have what's needed, no missing ingredients, or broken parts. So, the next time you're making a sandwich, remember to thank God for giving you His kind of peace, which means you'll never be missing your bread or anything else you need!